

8 healing

Patiently let healing process. Not talking about progress or building but rather working through issues or going through the steps needed to bring about an intended purpose. Close your eyes. Stop and pray about one thing you need healing for: not for anyone else but you. At the end of this we are going to take Communion together for your healing. I believe with all my heart, **Jesus' Healing Presence is in you right now.** He wants you healed, spiritually, mentally, emotionally, physiologically and physically. Jesus wants us healed in every area of our spirit, every area of our soul, every area of our body. He is always looking at the whole essence of the person knowing that sometimes one tiny part that's off can hold up the entire healing process. Sometimes we need to patiently let healing process.

Jesus is still healing today as He did when He was on earth. Focus on what is. Why, some ask, am I not healed? Isn't death the ultimate healing? I've heard so many believers say they're ready for heaven, as if they'd rather die than live because of their suffering. This is a lie from the pits of hell and don't ever believe it. Don't listen to a suicidal spirit. You can find comfort in your pain with Jesus. As we leave this earth so shall we be when we get to heaven. No one wants to die in torment. We glorify God in our pain. When we suffer, yet show joy, we glorify God because we can't do this on our own. This is the work of the Holy Spirit in us. We are here to live out the Kingdom now as it is in Heaven. God wants you living in freedom and joy now regardless of what you're going through. If you focus all your time on what isn't, you will lose focus on what is. Walk through the doors that are open for God to flow through. Going through the doors God opens for healing is the path you need to take for your healing. I've had to see where even little toxic lies get so wired in, they have to be wired out. **I had to patiently let healing process.** Doing my 21 day brain detox has become a way of life for me. I don't journal, but for the first time in my life I journaled for a year or 17 rounds of my brain detox. The Holy Spirit lead me down a road that's been one of the most exciting adventures I've ever taken. I learned how to press through every lie that pops up in my head. What lies are you believing that are holding you back? *"A little leaven leavens the whole lump." Gal 5:9.*

Turn to Malachi 4:2 AMPC: ***"But unto you who revere and worshipfully fear My name shall the Sun of Righteousness arise with healing in His wings and His beams, and you shall go forth and gambol like***

calves [released] from the stall and leap for joy.” Worshipping God brings healing. In my current 21 day brain detox I’ve been wiring out the lie that I feel old and shriveled inside. Looking at my new lifestyle without my kids brought these feelings to light. Instead of feeding them, I replaced them with the healthy thought; “Worship expands my territory.” As I give God my problem and worship Him, He gives me new ground in my spirit and mind to walk in. It’s given me confidence that I act upon. I feel better physically. I act in confidence instead of fear. Jesus replaced the little shriveled raisin inside to a ripe, plump, healthy grape! He’s so big and way outside the box, He gave me a vineyard! He gives His Spirit without limit. What’s your little shriveled raisin? He wants to replace it with a vineyard! His Healing Presence is in you right now!

Patiently let healing process. This is what happened to the man at the pool in John 5. Turn with me to John 5: *Now there is in Jerusalem a pool near the Sheep Gate. This pool in the Hebrew is called Bethesda, having five porches (alcoves, colonnades, doorways).³ In these lay a great number of sick folk—some blind, some crippled, and some paralyzed (shriveled up) waiting for the bubbling up of the water.⁴ For an angel of the Lord went down at appointed seasons into the pool and moved and stirred up the water; whoever then first, after the stirring up of the water, stepped in was cured of whatever disease with which he was afflicted.⁵ There was a certain man there who had suffered with a deep-seated and lingering disorder for thirty-eight years.*

Have you even been blinded by deceit, crippled by self-condemnation, paralyzed by shame or shriveled up by bad attitude – like me? We are all in this together!! All these precious people waiting to be healed represent you and me. Freedom starts in our hearts and minds. He will heal you, but you need to want it. This man had been an invalid for thirty-eight years. **Patiently let healing process.** Patience is going both ways and it’s usually God Who is most patient. Thank God He is patient with us when it takes us so long!! Read with me John 5:6: *“When Jesus noticed him lying there [helpless], knowing that he had already been a long time in that condition, He said to him, Do you want to become well? [Are you really in earnest about getting well?]”* Why would Jesus ask an obvious question? He was in bondage physically, emotionally and spiritually. Jesus knew this man’s condition, but asked him if he wanted to be better. Jesus asked this question so the man would own the answer and be healed.

"Sir," the invalid replied, "I have no one to help me into the pool when the waters are stirred. While I am trying to get in, someone else goes down ahead of me." John 5:7. Every time he would head toward the pool, he'd stop by to spend time at his own pity party! This sounds like one of my own pity parties. Self-pity is an excuse to blame others. Have you ever had one of your own? **Don't blame God for what you're not taking responsibility for.** So often when Jesus offers healing, I want to hold on shriveled up ways of thinking that keep me from being free. Sometimes we just need to 'fess up' and 'own up.' I need to confess my self-pity, get out of it and put my faith in Jesus. What are you putting your faith in? What's your shriveled raisin? God wants to give you plump healthy grapes! Get your faith out of your feelings and shriveled up attitude and put your faith in the Author and Finisher of your faith!!

Patiently let healing process. But when God speaks, move! God's truth changes your facts. The fact was that this man was as crippled in his soul as he was in his body. But when the man saw Jesus, he was cured at once. God opened his eyes to see his Savior. ***"Jesus said to him, Get up! Pick up your bed (sleeping pad) and walk! Instantly the man became well and recovered his strength and picked up his bed and walked."*** **John 5:8-9 AMPC.** The man laid his feelings aside, put his faith in God and walked. He was instantly physically and emotionally healed. He went from no strength to strength and a new 'can do' attitude. It was the beginning of a no more victim attitude... but was incomplete. **When you believe the truth of God's Word, He will change the facts of your life.** God's truth changes your facts. When you've been stuck for a long time, but pressing through and you receive a Rhema Word from God, MOVE! We can be stuck for years in a merry go round of an issue. **But when God speaks, move!** Turn to Hab 2:3 AMPC: ***"For still the vision awaits its appointed time; it hastens to the end—it will not lie. If it seems slow, wait for it; it will surely come; it will not delay."*** Nothing can get in the way of God moving, except your lack of faith. God is so big, He is way outside the box. He is healing your spirit, your thoughts, your mind, your brain, your emotions, your body, your relationships, your family, your friends, your circumstances, your past, your present, your future!

Let's read on beginning with John 5: 10-15: ***So the Jews kept saying to the man who had been healed, It is the Sabbath, and you have no right***

to pick up your bed [it is not lawful]. Look at what's going on. The man gets attacked with condemnation and deceit. ¹¹ ***He answered them, The Man Who healed me and gave me back my strength, He Himself said to me, Pick up your bed and walk!*** He still hasn't totally integrated his healing, leaving the door open to losing it. You lose what you don't take responsibility for. He knows he's healed but hasn't yet given God the glory or worshipped Him. He needed spiritual healing. ¹² ***They asked him, Who is the Man Who told you, Pick up your bed and walk?*** ¹³ ***Now the invalid who had been healed did not know who it was, for Jesus had quietly gone away [had passed on unnoticed], since there was a crowd in the place.*** ¹⁴ ***Afterward, when Jesus found him in the temple, He said to him, See, you are well! Stop sinning or something worse may happen to you.*** God is so good, Jesus found him and told him to stop sinning. The man needed to stop his old way of thinking for good. So many times people are healed but revert to old ways of thinking and coping that got them in trouble in the first place. ¹⁵ ***The man went away and told the Jews that it was Jesus Who had made him well.*** The man got it! He worshipped God and sealed his healing. Don't let your lack of faith get in the way of God's move in your life. **Patiently let healing process. But when God speaks, move!**

Desire Jesus more than anything else. Turn to Matthew 8:1-3 WEB, ***"Behold, a leper came to him and worshiped him, saying, "Lord, if you want to, you can make me clean." Jesus stretched out his hand, and touched him, saying, "I want to. Be made clean." Immediately his leprosy was cleansed.*** The simple beauty of Jesus' pure love toward this adoring leper brought instant healing. He wanted Jesus more than he wanted healing. He worshipped Jesus first. Then he asked. Do you want Jesus more than anything else? Do you worship Jesus more than anything else? It's worship that brings healing. Only believe.

Let's pray and take Communion together. *"He personally carried our sins in his body on the cross so that we can be dead to sin and live for what is right. By his wounds you are healed."* 1 Peter 2:24 NLT.